

Memorial Anteunis 25: Session: 1: COACH Evaluation sheet for TEAM: 09-031

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17 Heat:3, starttime: 09:03

Heat: 3/11 Lane : 4 Athlete: VAN HEST ANNIEK Q-time: 00:48:10

PB (25m pool): 48.10 Leiden 22 Jun 2025 PB (50m pool): 48.94 SB:

	25 M	50 M	
PB		48.10	
		48.10	

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17 Heat:11, starttime: 09:12

Heat: 11/11 Lane : 1 Athlete: DUMONT ALAINE Q-time: 00:36:91

PB (25m pool): 36.91 Rotterdam 9 Nov 2024 PB (50m pool): 38.64 SB:

	25 M	50 M	
PB		36.91	
		36.91	

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17 Heat:2, starttime: 09:24

Heat: 2/18 Lane : 4 Athlete: SPAANS KAISA Q-time: 00:39:43

PB (25m pool): 39.43 Zoetermeer 13 Jul 2025 PB (50m pool): No time SB:

	25 M	50 M	
PB		39.43	
		39.43	

Coach feedback:

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Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:2, starttime: 09:24
Heat: 2/18 Lane : 6 Athlete: VAN HEST ANNIEK			Q-time: 00:39:79
PB (25m pool): 39.79 Leiden 22 Jun 2025			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		39.79	
	39.79		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:4, starttime: 09:26
Heat: 4/18 Lane : 0 Athlete: CHAN JOEY			Q-time: 00:37:77
PB (25m pool): 37.77 Zoetermeer 13 Jul 2025			PB (50m pool): 38.32 SB:
	2 5 M	5 0 M	
PB		37.77	
	37.77		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:5, starttime: 09:28
Heat: 5/18 Lane : 4 Athlete: WIT CARLIJN			Q-time: 00:34:35
PB (25m pool): 34.35 Rotterdam 10 Nov 2024			PB (50m pool): 34.60 SB:
	2 5 M	5 0 M	
PB		34.35	
	34.35		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:5, starttime: 09:28
Heat: 5/18 Lane : 6 Athlete: HOSSEINI VAHED RONIKA			Q-time: 00:34:73
PB (25m pool): 35.21 Zoetermeer 13 Jul 2025			PB (50m pool): 35.40 SB:
	2 5 M	5 0 M	
PB		35.21	
	35.21		
			

Coach feedback:

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Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:7, starttime: 09:30
Heat: 7/18 Lane : 8 Athlete: SEVENANTS FEE			Q-time: 00:33:20
PB (25m pool): 33.20 Rotterdam 10 Nov 2024			PB (50m pool): 32.38 SB:
	2 5 M	5 0 M	
PB		33.20	
	33.20		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:8, starttime: 09:31
Heat: 8/18 Lane : 8 Athlete: DE JONG MEREL			Q-time: 00:32:64
PB (25m pool): 32.64 Bergschenhoek 22 Dec 2024			PB (50m pool): 33.99 SB:
	2 5 M	5 0 M	
PB		32.64	
	32.64		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:10, starttime: 09:33
Heat: 10/18 Lane : 7 Athlete: CORNELISSEN ANOUK			Q-time: 00:31:47
PB (25m pool): 31.47 Wassenaar 16 Feb 2025			PB (50m pool): 32.32 SB:
	2 5 M	5 0 M	
PB		31.47	
	31.47		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:6, starttime: 09:47
Heat: 6/16 Lane : 5 Athlete: CHAN ETHAN			Q-time: 00:31:81
PB (25m pool): 31.81 Leidschendam 16 Mar 2025			PB (50m pool): 32.94 SB:
	2 5 M	5 0 M	
PB		31.81	
	31.81		
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 11-17			Heat:7, starttime: 09:48
Heat: 7/16 Lane : 2 Athlete: WOUDT THIJMEN			Q-time: 00:31:34
PB (25m pool): 31.34 Bodegraven 6 Jul 2025			PB (50m pool): 32.83 SB:
	2 5 M	5 0 M	
PB		31.34	
	31.34		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:10, starttime: 09:51
Heat: 10/16 Lane : 1 Athlete: KUYPER NOAH			Q-time: 00:29:45
PB (25m pool): 29.45 Rotterdam 9 Nov 2024			PB (50m pool): 29.87 SB:
	2 5 M	5 0 M	
PB		29.45	
	29.45		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:2, starttime: 09:59
Heat: 2/12 Lane : 1 Athlete: VAN HEST ANNIEK			Q-time: 00:48:01
PB (25m pool): 48.01 Bergschenhoek 29 Jun 2025			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		48.01	
	48.01		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:3, starttime: 10:00
Heat: 3/12 Lane : 3 Athlete: HOSSEINI VAHED RONIKA			Q-time: 00:39:66
PB (25m pool): 37.79 Gouda 5 Oct 2025			PB (50m pool): 39.53 SB:
	2 5 M	5 0 M	
PB		37.79	
	37.79		
			

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:5, starttime: 10:02
Heat: 5/12 Lane : 3 Athlete: WIT CARLIJN			Q-time: 00:36:70
PB (25m pool): 36.70 Leiden 22 Jun 2025			PB (50m pool): 37.69 SB:
	2 5 M	5 0 M	
PB		36.70	
	36.70		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:6, starttime: 10:04
Heat: 6/12 Lane : 3 Athlete: CORNELISSEN ANOUK			Q-time: 00:34:94
PB (25m pool): 34.94 Wassenaar 30 Mar 2025			PB (50m pool): 35.40 SB:
	2 5 M	5 0 M	
PB		34.94	
	34.94		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:11, starttime: 10:09
Heat: 11/12 Lane : 1 Athlete: DUMONT ALAINE			Q-time: 00:31:03
PB (25m pool): 31.03 Bergschenhoek 8 Dec 2024			PB (50m pool): 31.69 SB:
	2 5 M	5 0 M	
PB		31.03	
	31.03		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:3, starttime: 10:13
Heat: 3/10 Lane : 6 Athlete: WOUDT THIJMEN			Q-time: 00:39:51
PB (25m pool): 39.51 Bodegraven 6 Apr 2025			PB (50m pool): 39.76 SB:
	2 5 M	5 0 M	
PB		39.51	
	39.51		
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:5, starttime: 10:16
Heat: 5/10 Lane : 0 Athlete: KUYPER NOAH			Q-time: 00:35:43
PB (25m pool): 35.43 Wassenaar 16 Feb 2025			PB (50m pool): 38.36 SB:
	2 5 M	5 0 M	
PB		35.43	
	35.43		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:5, starttime: 10:16
Heat: 5/10 Lane : 5 Athlete: CHAN ETHAN			Q-time: 00:33:62
PB (25m pool): 33.62 Wassenaar 30 Mar 2025			PB (50m pool): 34.66 SB:
	2 5 M	5 0 M	
PB		33.62	
	33.62		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:3, starttime: 10:24
Heat: 3/13 Lane : 8 Athlete: VAN HEST ANNIEK			Q-time: 00:45:28
PB (25m pool): 45.28 Bergschenhoek 29 Jun 2025			PB (50m pool): 43.70 SB:
	2 5 M	5 0 M	
PB		45.28	
	45.28		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:4, starttime: 10:25
Heat: 4/13 Lane : 7 Athlete: CHAN JOEY			Q-time: 00:42:60
PB (25m pool): 42.60 Zoetermeer 13 Jul 2025			PB (50m pool): 43.63 SB:
	2 5 M	5 0 M	
PB		42.60	
	42.60		
			

Coach feedback:

Memorial Anteunis 25: Session: 1: COACH Evaluation sheet for TEAM: 09-031

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:6, starttime: 10:28
Heat: 6/13 Lane : 2 Athlete: DE JONG MEREL			Q-time: 00:38:67
PB (25m pool): 38.67 Bergschenhoek 26 May 2024			PB (50m pool): 46.41 SB:
	2 5 M	5 0 M	
PB		38.67	
	38.67		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:8, starttime: 10:30
Heat: 8/13 Lane : 8 Athlete: CORNELISSEN ANOUK			Q-time: 00:36:54
PB (25m pool): 36.54 Rotterdam 10 Nov 2024			PB (50m pool): 37.98 SB:
	2 5 M	5 0 M	
PB		36.54	
	36.54		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:11, starttime: 10:33
Heat: 11/13 Lane : 7 Athlete: DUMONT ALAINE			Q-time: 00:32:80
PB (25m pool): 34.20 Wassenaar 30 Mar 2025			PB (50m pool): 35.09 SB:
	2 5 M	5 0 M	
PB		34.20	
	34.20		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17			Heat:3, starttime: 10:39
Heat: 3/10 Lane : 0 Athlete: SPAANS KALLE			Q-time: 00:50:23
PB (25m pool): 50.23 Bergschenhoek 29 Jun 2025			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		50.23	
	50.23		
			

Coach feedback:

Memorial Anteunis 25: Session: 1: COACH Evaluation sheet for TEAM: 09-031

Event number: 8: 50M BACKSTROKE MEN 11-17							Heat:6, starttime: 10:42	
Heat: 6/10 Lane : 1 Athlete: KUYPER NOAH							Q-time: 00:36:62	
PB (25m pool): 36.62 Wassenaar 16 Feb 2025							PB (50m pool): 37.90 SB:	
	2 5 M		5 0 M					
PB			36.62					
	36.62							
								

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17							Heat:6, starttime: 10:42	
Heat: 6/10 Lane : 2 Athlete: WOUDT THIJMEN							Q-time: 00:36:40	
PB (25m pool): 36.40 Wassenaar 16 Feb 2025							PB (50m pool): 38.89 SB:	
	2 5 M		5 0 M					
PB			36.40					
	36.40							
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17						Heat:4, starttime: 11:10		
Heat: 4/10 Lane : 4 Athlete: SEVENANTS FEE						Q-time: 05:41:90		
PB (25m pool): 5:41.90 Wassenaar 16 Feb 2025						PB (50m pool): 5:50.87 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		39.06		1:21.74				2:49.84
	39.06		42.68				1:28.10	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								5:41.90
							2:52.06	
								

Coach feedback: